

NOVEMBER AUTISM RESOURCES FROM BOOKS EDUCATION

From: **duncanlynch** (duncanlynch@btinternet.com)

Dear Colleague

I am pleased to send you the latest list of titles available from **Books Education**. Do bear in mind we are very happy to accept orders of over £20 by email, and send the books out with an invoice. Our postal system just get worse and worse, so if you are able to do this I strongly advise you do so.

Please do feel free to pass this email onto any interested colleagues.

(If you are emailing the order I suggest you just email me the titles, and delivery address, much easier than filling in the form!!

Regards

Books Education

PS THE SPECIAL OFFER ON BILL ROGERS DVDs RUNS OUT THE END OF THE YEAR

CRACKING THE CHALLENGING CLASS TWO PART DVD by Bill at a special price of £65 + VAT = £76.37, + £4.95 p & p Total £81.32

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**This offer is only available for orders sent via this email, so please either email me your order or send to the address at the end of this email.
Please note all pre-paid orders sent post free.**

Fun with Messy Play: Ideas and Activities for Children with Special Needs

Tracey Beckerleg

Funny smells, sticky hands and squishy textures are all part of the way in which children develop sensory awareness. Fun with Messy Play is an exciting activity book that heightens the sensory perception of children with special needs through the imaginative use of everyday 'messy' materials like baked beans, condensed milk, jelly or glue.

The activities in this book are fun for children and help to improve their co-ordination, communicative and cognitive abilities, as well as their self-esteem and social skills. Each exercise focuses the child on a movement or sensation that they will later be able to apply to everyday life. By allowing children to explore their senses while having fun, messy play provides a relaxing therapy that encourages sensory responsiveness without placing stressful expectations on the child.

This is an easy-to-use, practical resource for parents and professionals. It includes ideas and examples from practitioners along with helpful suggestions for different types of equipment that can be used.

£12.99

Hints and Tips for Helping Children with Autism Spectrum Disorders: Useful Strategies for Home, School, and the Community

Dion E Betts and Nancy J Patrick

If you have a child on the autism spectrum who struggles with the challenges of daily life, then this book is for you! "Hints and Tips..." is peppered with vignettes and stories of real-life situations and successes, and offers clever ideas for tackling everyday difficulties, such as bathing, bedtime, school trips, and selecting the right child minder. Dion E. Betts and Nancy J. Patrick provide creative, practical strategies to help parents and caregivers to support their child (ASD), and to enable their child to develop the social skills needed to manage and enjoy daily life to the fullest. The book is split into five parts: home life, hygiene, community, medical, and schools and organizations. Common problem areas are also tackled in a toolkit section, which includes checklists, 'to do' lists, visual schedules, and mnemonics to aid memory and retrieval. "Hints and Tips for Helping Children with Autism Spectrum Disorders" is an essential aid for parents and carers to make small and simple changes that result in big improvements in the quality of life of children, their families, and carers.

£12.99

Social Skills for Teenagers and Adults with Asperger's Syndrome: A Practical Guide to Day-to-day Life

Nancy J Patrick

This resource provides practical strategies for helping teenagers and adults with Asperger Syndrome to navigate social skills, friendships and relationships at home and in the community. The author offers advice and useful strategies for tackling day-to-day problems such as visits to the dentist or the doctor, searching for a job, sorting out personal finances, going on vacation, and dealing with public transport, as well as more intimate topics such as dating and acquiring and maintaining friendships. The chapters are structured around real-life scenarios and the challenges they present, followed by step-by-step solutions and suggestions. A final section provides a set of practical self-help tools, which encourage the reader to note down answers to the questions posed and record personal reflections. This accessible guide will be essential reading for teenagers and adults with Asperger Syndrome and their families, teachers, therapists, counsellors, carers, social and health work professionals.

£12.99

Alphabet Kids - from ADD to Zellweger Syndrome: A Guide to Developmental, Neurobiological and Psychological Disorders for Parents and Professionals

Robbie Woliver

From ASD (Autism Spectrum Disorder) to ZS (Zellweger Syndrome)-there seems to be an alphabet disorder for almost every behavior, from those caused by serious, rare genetic diseases to more common learning disabilities that hinder children's academic and social progress. Alphabet Kids have disorders that are often concurrent, interconnected or mistaken for one another, for example, the frequent combination of ASD, OCD, SID and ADHD-hence, 'Alphabet Kids'. If a doctor only diagnoses one condition, he or she may have missed others. As the rates of these disorders dramatically rise, "Alphabet Kids" explains it all. Robbie Woliver covers 70 childhood disorders, providing information on causes, cures, treatments and prognoses. Chapters include a comprehensive list of signs and symptoms, and the disorders are illustrated with often heartbreaking, but always inspirational true-life stories of a child with the particular disorder. This comprehensive, easy-to-read go-to guide will help parents to sort through all the interconnected childhood developmental, neurobiological and psychological disorders and serve as a roadmap to help start the families' journey for correct diagnoses, effective treatment and better understanding of their Alphabet Kids.

£18.99

A Book About What Autism Can be Like

Sue Adams

Chris and Andrew are very good friends, but sometimes Chris does things that Andrew doesn't understand. Chris can hear a fly buzzing when it's a mile away! But he doesn't like bright flashing lights like the ones on Andrew's favourite arcade game. Chris and Andrew have lots of fun together, but at times they laugh at completely different things - it doesn't matter though, because everyone is different, and being different can be rather cool! Chris and Andrew are here to help people understand the experiences of a child with autism, and how others can help by understanding how they are different, and recognising their many unique talents. This fully-illustrated book is targeted at boys and girls aged 5+, and also serves as an excellent starting point for family and classroom discussions.

£6.99

Dietary Interventions in Autism Spectrum Disorders: Why They Work When They Do, Why They Don't When They Don't

Kenneth J. Aitken

Research in autism increasingly indicates the existence of different forms of the condition, and the possibility of dietary interventions having a positive effect on symptoms and behaviours associated with autism.

The author explores the main dietary approaches that have been advocated in ASD. For each approach, the author explores the potential benefits; evidence for and against the diet and its relation to different genetic conditions; and information, where available, on relevant publications, web resources and support groups. The author proposes an approach, the Simple Restriction Diet (SRD), which he describes in detail, explaining how to implement this approach and how to use it to work out whether a dietary approach is of benefit.

This book will be a valuable resource for families, individuals and professionals wishing to understand and explore the possibilities of dietary interventions and the benefits they can have for those on the autism spectrum.

Praise for the book:

'Dr Aitken's book gives much-needed practical advice on matching the diet to the child and clear explanations about the biochemical background involved. Essential reading for anyone caring for a child with ASD.'

- **Dr Rosemary Waring, University of Birmingham**

'Given the increased interest in the relationship between diet and autism spectrum conditions, this is a timely publication which is both thorough and balanced in content.'

- **Dr. Paul Whiteley, Autism Research Unit**

'This informative work offers invaluable assistance to the wider clinical team, further enabling effective support and guidance to the ASD community in its quest for a healthy future.'

- **Rosemary Kessick, former CEO of AiA (Allergy Induced Autism)**

£16.99

DUE SHORTLY

Hope for the Autism Spectrum: A Mother and Son Journey of Insight and Biomedical Intervention

Sally Kirk

Ms. Kirk's book is clear, concise and informative. She takes rather complicated topics and translates them into easy-to-understand concepts. I highly recommended this book for parents and professionals who want to learn the basics about biomedical interventions." -

Steve Edelson, PhD, Director of the Autism Research Institute

"Sally Kirk has written a heart-warming report of her journey into biomedical therapies for her ASD son. Readers will readily identify with the questions she faced about this new way to treat autism. I particularly liked her husband's conversion from skeptic to enthusiastic supporter about these strategies as he saw his son improve. The book is helpful and enjoyable reading, highly recommended for new families starting on the long path of healing for our deserving and wonderful children."

- **Jaquelyn McCandless, MD, author of Children with Starving Brains and a regular speaker at Defeat Autism Now! conferences**

"Sally Kirk has done a fantastic job taking a very complicated subject and explaining it in a way that is easy to understand and even entertaining, while staying true to the science. I think this book is a must-read for every parent of a child with autism and anyone else who wants to better comprehend the medical treatment options for the disorder."

- **Bryan Jepson, MD, Thoughtful House Center for Children, author of Changing the Course of Autism**

"This is a book that transforms the hard-to-understand aspects of autism into everyday language ...not too hard and not too simple - it's just right."

- **Jon Pangborn, PhD, co-founder of DAN! and co-author of Autism: Effective Biomedical Treatments**

"An extremely helpful resource for the newly-diagnosed child with autism spectrum disorder, providing the family with practical information on biomedical interventions, as well as offering emotional support from a mother who's been there."

- **Kenneth A. Bock, MD, author of Healing the New Childhood Epidemics: Autism, ADHD, Asthma and Allergies**

£17.99

Challenging the Gifted Child: An Open Approach to Working with Advanced Young Readers

Margaret Stevens

Gifted children are quick on the uptake, can be frustrated by repetition and easily become impatient when unchallenged. *Challenging the Gifted Child* outlines a tried and tested approach for encouraging able children to focus their active minds in a productive way and discover the joy and value of reading.

The author explains the criteria for choosing appropriate reading for the child and describes ways to help deepen their understanding of both literature and language. Using examples from the author's extensive experience, this book encourages the development of independent learning skills and will help parents and educators to create a personalized reading programme for a gifted child at home or small groups of children in school. Photocopiable materials are included, along with samples of reading lists for different age groups.

This book provides practical advice for working with advanced young readers and will be an ideal resource for anyone who has responsibility for educating a gifted child.

£15.99

COMING SHORTLY

The Girl Who Spoke with Pictures: Autism Through Art

Eileen Miller

For many years Eileen Miller's daughter, Kim, was unable to verbalize her experiences and emotions, but she was able to communicate using a less conventional language: her art. *The Girl who Spoke with Pictures* tells the story of a young woman with autism, and how her enlightening drawings enabled her to share her view of the world.

Illustrated with drawings created by Kim between the ages of 3 and 17 years old, the book gives an insight into how Kim expressed her thoughts and feelings through pictures, revealing her capacity to learn and be understood by those around her. Reflecting on her daughter's artwork, the author explores the concept of art as a universal language that can transcend barriers and enhance the personal and educational experiences of those with autism.

This book provides a window into one autistic girl's experience of life and will be essential reading for teachers, parents, and anyone with an interest in autism

£16.00

NEW DVD FROM WENDY LAWSON

Life & Learning with Autistic Spectrum Diffability

Wendy Lawson

A qualified counsellor, social worker and psychologist, Wendy Lawson is well-known and respected for her writing and workshops based on her own experiences as a person with autism. Wendy prefers the term 'diffability' to disorder, and her research seeks to explore what being differently abled means in a world of neuro-diversity. Her strong personality and

sense of humour make Wendy's talks and workshops hugely popular in both northern and southern hemispheres.

This DVD comprises Wendy's full 2.5-hour presentation, during which she explains the workings of the autistic mind from her own insightful and often jocular perspective. This fascinating workshop will be of great benefit to parents and professionals, as well as providing an inspirational resource for people on the spectrum themselves.

£51.06 + VAT = £60.00

Concepts of Normality: The Autistic and Typical Spectrum

Wendy Lawson

For those with autism, understanding 'normal' can be a difficult task. For those without autism, the perception of 'normal' can lead to unrealistic expectations of self and others. This book explores how individuals and society understand 'normal', in order to help demystify and make accessible a full range of human experience.

Wendy Lawson outlines the theory behind the current thinking and beliefs of Western society that have led to the building of a culture that fails to be inclusive. She describes what a wider concept of 'normal' means and how to access it, whether it's in social interaction, friendships, feelings, thoughts and desires or various other aspects of 'normality'. Practical advice is offered on a range of situations, including how to find your role within the family, how to integrate 'difference' into everyday society, and how to converse and connect with others.

Accessible and relevant to people both on and off the autism spectrum, this book offers a fresh look at what it means to be 'normal'.

£14.99

NEW EDITION

Playing, Laughing and Learning with Children on the Autism Spectrum: A Practical Resource of Play Ideas for Parents and Carers

2nd edition

Julia Moor

Praise for the first edition:

'An approachable and practical edition that will be welcomed by parents and carers alike. I know how hard it can be to find "How to" resources for parents. Well here is a gem.'

- **Children, Young People and Families**

Parents of young children newly diagnosed as on the autism spectrum are often at a loss for ideas about how best to help their child. *Playing, Laughing and Learning with **Children on the Autism Spectrum*** is not just a collection of play ideas; it shows how to break down activities into manageable stages, and looks at ways to gain a child's attention and motivation and to build on small achievements.

Each chapter covers a collection of ideas around a theme, including music, art, physical activities, playing outdoors, puzzles, turn-taking and using existing toys to create play

sequences. There are also chapters on introducing reading and making the most of television. This updated second edition contains an extensive chapter on how to use the computer, the internet and the digital camera to find and make resources and activities, and suggests many suitable websites to help parents through the internet maze. The ideas are useful both for toddlers and primary age children who are still struggling with play.

£13.99

Why do I have to?: A Book for Children Who Find Themselves Frustrated by Everyday Rules

Laurie Leventhal-Belfer

"If you want a child with Asperger's syndrome to comply with a social or family rule, it is very important to explain the logical reason to comply. Laurie's book provides the logic for compliance that will be invaluable for parents and teachers. I know this book will become regular bed time reading and be used many times at home and at school."-**Professor Tony Attwood**

"Dr. Laurie clearly understands how children with limited flexibility and difficulty coping think and respond. She has used her clinical experience to teach us how to help these children succeed. Dr. Laurie has provided a format, similar to Social Stories™, for reducing stress in daily life and for minimizing conflict stemming from unwritten or everyday rules. While there is no one solution for every child, the stories can be easily adapted for each child. She encourages children to be participants in determining solutions to their problems by providing simple, not simplistic, methods that work." -**Teri Wiss, M.A., O.T.R./L., occupational therapist, Director of Development is CHILD'S PLAY!, Cupertino, CA**

Why do I have to go to school before the show that I am watching is over? Why do I have to wear shoes and a jacket when I go outside? Rules like these can be really frustrating - but they don't have to be!

Why do I have to? looks at a set of everyday situations that provide challenges for children at home, with their friends, and at school. Laurie Leventhal-Belfer empathizes with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration. This is the ideal book for children who have difficulty coping with the expectations of daily living, as well as for their parents and the professionals who work with them.

£6.99

Kick!

Rufus Butler Seder

Now introducing "**Kick!**", which does for kids what "Gallop!" does for animals - one child rides a bike, another kicks a football, a swimmer cuts through the water, and a skater pirouettes on ice. The effect is joyous, magical, mesmerizing, and perhaps even more compelling than "Gallop!" Because of the endless fascination that children find in watching other children. The second book created by Rufus Butler Seder, the inventor, artist, and filmmaker who developed Scanimation out of his obsession with antique optical toys and other pre-motion-

picture illusions, "Kick!" uses 'persistence of vision' and a patented state-of-the-art multiphase animation process to create astonishment. There is nothing else like this unique, patented technology that literally inspires wonder. The images burst with activity, and adding greatly is a happy, rhyming text that captures in words, the pure energy of the figures in motion. You can't put it down.

£9.99

Gallop

Rufus Butler Seder

Gallop! is a wonderfully inventive Scanimation picture book. Once you open up the book, you won't believe your eyes: the galloping horse, the strutting rooster. Each page is a marvel to flip and flip and flip again, the Scanimation technology literally animating the images to an incredible, awe-inspiring degree

Can you gallop like a horse? Can you strut like a rooster? Can you run like a dog? Can you spring like a cat? Can you soar like an eagle? Can you swing like a chimp? Can you flutter like a butterfly? Can you swim like a turtle? Then take a bow and smile: you twinkle, like a star! Then take a bow and shine: a star is what you are!

£9.99

FROM OUR BESTSELLING BACKLIST

Social Skills and Autistic Spectrum Disorders

Lynn Plimley and Maggie Bowen

'I cannot recommend this book highly enough. It will be a welcome resource and the generator of much fruitful discussion' - **Good Autism Practice**

'The highly readable, accessible writing style and visually clear presentation allow the reader to dip in frequently to build up knowledge by accretion... This is an excellent book, ideal for those both new to working with people with ASD and also more experienced practitioners' - **Special Magazine**

£14.99

Autistic Spectrum Disorders in the Early Years

Lynn Plimley, Maggie Bowen and Hugh Morgan

'An extremely helpful, compact guide for anyone working in early years education... provides clear information for all professionals who work with children from birth to five with autistic spectrum disorders... A short, accessible and reader-friendly book that addresses the key issues' - **Nursery Education**

£14.99

Supporting Pupils with Autistic Spectrum Disorders: A Guide for School Support Staff

Lynn Plimley and Maggie Bowen

'More than just a list of practical points....The book is well worth buying and should appeal both to support workers and their managers' - **Secondary School SENCo, London**

'This book will be of value to all those who support pupils with an autistic spectrum disorder. However, as it tackles the day-to-day practice of teaching and working with such pupils it should be read by teachers too' - **Tess Coll, autism outreach teacher**

'There can be no doubt that the action suggested by the authors to improve outcomes for pupils with ASD, would benefit the inclusion of all pupils' - **Special Needs Information Press**

'This book will be a really useful resource for those supporting children with ASDs in a range of schools, both special and mainstream. It uses case study material collected from experience and discussions with staff, to illustrate dilemmas and strategies. It encourages reflection on practice by posing questions at different points. The book also provides many useful references to published materials and websites for readers to follow up and suggests how support assistants can work to become part of the whole staff team' - **Dr Glenys Jones, University of Birmingham**

£15.99

Autistic Spectrum Disorders in the Secondary School

Lynn Plimley and Maggie Bowen

I liked the way it dealt with the difficult issues such as mental health, sexuality and future employment in a clear and direct way, providing well thought out, practical responses.' 'Easy to read yet informative.' 'Very accessible in an area of SEN that is now a key area of concern.' 'Captivating, good presentation with the case studies, reflective oasis and points to remember.' 'Very useful for Sencos and teachers.' - **Judging Panel for NASEN/TES Book Award**

'There can be no doubt that the action suggested by the authors to improve outcomes for pupils with ASD, would benefit the inclusion of all pupils' - **Special Needs Information Press**

'The book gives a clear insight into some of the issues which are important from the perspective of the pupil, the challenges they face and the behaviours that can result. It openly addresses the impact of these behaviours on a school and offers clear guidance and strategies. The options given are realistic, practical and achievable and the Reflective Oasis sections offer an ideal starting point for self-evaluation and staff training' - **Mike Ridout, Head of Access and Inclusion Service, Bridgend LEA**

'All those involved in education at secondary level including senior managers and governors will find this concise book informative in helping them to understand the needs of their pupils with ASD' - **Ian Atfield, Advisory Teacher ASD, Birmingham Specialist Support Service**

'The book not only gives sound advice, it helps the reader to find a wider range of sources of support and information... a useful, practical guide that makes the organisation of inclusive education achievable' - **Special**

£15.99

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