

DECEMBER AUTISM/ASPERGERS: RESOURCES FROM BOOKS EDUCATION + JANUARY TEACCH CONFERENCE

From:  **duncan** (duncanlynch@btinternet.com)

Sent: 20 November 2009 09:48:17

To: AnnetteHopton@nas.org.uk

Dear Colleague

I am pleased to send you the latest list of titles available from Books Education, Also I am including details of the next **TEACCH Conference, Kettering, January 2010**. Early booking is advisable, as bookings are coming in thick and fast.

Please do feel free to pass this email onto any interested colleagues.

(If you are emailing the order I suggest you just email me the titles, and delivery address, much easier than filling in the form!!)

PS: If you are involved in arranging a conference/speaking at an event, and are interested in having a possible book display, do please contact me. If you are in a reasonable distance from London, and would like us to come along to your Centre/University/College, etc to put on a display, do please email me. Both these services are free of charge.

You might like to note that we have now implemented " **Are you Looking for a Speaker**" on our web page.

We are frequently asked for this information when we are attending conferences with a bookstall. I think it would help all concerned that we had this information in an easily accessible format. If you would like your details added, please do email me and I will email back the necessary form by return.

Regards
Duncan
Books Education

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TEACCH INTENSIVE THREE DAY INDUCTION COURSE

LED BY PROFESSOR GARY MESIBOV

27-29TH JANUARY 2010

COST £375.00

Dr. Gary B. Mesibov is currently the Director of Division TEACCH at the University of North Carolina at Chapel Hill. This internationally recognized statewide programme is one of a kind

in its pioneering approaches to service, treatment, training, research and the education of individuals with autism.

Venue

Kettering Conference Centre
Thurston Drive
Kettering
Northants NN15 6PB

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Fax: +44 (0) 1536523274

Accessing the Curriculum for Pupils with Autistic Spectrum Disorders: Using the TEACCH Programme to Help Inclusion

Gary Mesibov and Marie Howley

This book explains ways to open up the curriculum to pupils who have autistic spectrum disorders. The particular difficulties experienced by pupils are discussed in direct relation to specific areas of the curriculum, including: core and foundation subjects; PSHE; citizenship; and broader aspects such as break times and assemblies. Many pupils with autistic spectrum disorders (ASD) have difficulties accessing the curriculum due to problems including lack of understanding of meaning, organization, sequencing and problem-solving. They require consistency and structure to enable them to make sense of concepts such as what work, how much work, what to do and what is next regardless of the curriculum subject. Division TEACCH is North Carolina's statewide programme serving people with autistic spectrum disorders and the principles behind its intervention technique, called Structured Teaching, have been widely implemented throughout the world with great success. This book shows the reader how Structured Teaching can enable pupils with ASD to access the curriculum in a meaningful way and offers many practical strategies to facilitate this process. The book should benefit those on specialist autism courses, all providers of autism-specific training and the many teachers and teaching assistants working with autistic pupils who are asking for this guidance.

£23.99

COMING DECEMBER

Writers on the Spectrum: How Autism and Asperger Syndrome Have Influenced Literary Writing

Julie Brown

From Hans Christian Andersen's fairytale characters to Lewis Carroll's "Wonderland" and Emily Dickinson's poetic imagery, the writings and lives of some of the world's most celebrated authors indicate signs of autism and Asperger's Syndrome. Through analysis of biographies, autobiographies, letters and diaries, Professor Julie Brown identifies literary talents who display characteristics of Autistic Spectrum Disorder (ASD) and uncovers the similarities in their writing that suggest atypical, autistic brains. Providing close readings of authors' works, Brown explores writing processes, content, theme, structure and writing style to reveal the underlying autistic traits that have influenced their writing. The book provides an overview of

ASD and common threads in autistic writing followed by an illuminating exploration of how these threads are evident in the literature of both well-known and lesser known authors. This groundbreaking study of autism in literature will be of interest to anyone with a professional or personal interest in literature or the autistic mind.

£34.99

Managing Family Meltdown: The Low Arousal Approach and Autism

Linda Woodcock and Andrea Page

Children and adults on the autism spectrum may often behave in ways that cause difficulties for themselves and those who care for them. This book offers effective, long-term strategies to help resolve common challenging behaviours such as physical aggression and self-injury. "Managing Family Meltdown" provides possible explanations for these behaviours, and offers a wealth of practical tips on how families can tackle different kinds of challenging behaviour. The authors explore the difference between managing and changing behaviour; how our own behaviour can influence the situation; and the principles of Low Arousal and its application in a family situation. Tried-and-tested ideas for intervention are provided and illustrated by case examples, and the pros and cons of medication are also discussed. This hands-on, practical manual will be indispensable for families, carers and anyone involved with children and adults with autism who need help with behavioral or emotional challenges.

£12.99

Motivate to Communicate!: 300 Games and Activities for Your Child with Autism

Simone Griffin and Dianne Sandler

This practical resource is brimming with exciting ideas and guidance for motivating children with autism and other communication difficulties. The clear, user-friendly format enables quick access to over 300 practical, fun-filled games and activities for developing your child's communication skills. The book suggests creative ways to use everyday toys and objects. For example, if your child likes to pop bubbles, perhaps he would also enjoy counting bubbles, catching bubbles on a wand, stomping them with his feet or even playing bubble volleyball! The innovative ideas in this book have been developed over 40 years of clinical and educational experience, and are designed to be fun for both the adult and the child. All resources mentioned in this book are readily available and can be used to advance communication skills at all levels, from reaching out for an item, to extending verbal communication. Motivate to Communicate! is perfect for supporting parents, care-givers and professionals in motivating and developing the communication skills of children on the autism spectrum.

£12.99

A Spectrum of Light: Inspirational Interviews with Families Affected by Autism

Francesca Bierens

The emotional trauma that families go through when they find out their child has an autism spectrum disorder can feel like being plunged into darkness. Francesca Bierens is here to show that there is also a light at the end of the tunnel. Over a period of fourteen years, Francesca Bierens interviewed ten families of children on the autism spectrum. This book records their answers: how they felt, how they coped, and what gave them strength and solace. Each family discusses how they reacted when they found out their child had autism, and their feelings leading up to diagnosis. They share their positive and negative experiences

of professionals, and describe the support that they received, often from grandparents, respite care givers, support groups and other parents. Two of the original children, now in their 20s, also talk about the experience of growing up with autism, and describe how their lives are now. Above all, Bierens' message, and that of the families she interviews, is one of inspiration and hope, showing that there is light, love and laughter along the way. Their stories should be read by anyone who is affected by or working with autism.

£12.99

Autism in the Early Years: (Resource Materials for Teachers): A Practical Guide

Val Cumine, Julia Dunlop and Gill Stevenson

'This is one of the most accessible books on autism in young children and is also remarkably informative and useful. The book is divided usefully into sections on autism, assessment, implications for intervention, approaches, developing a curriculum and managing behaviour. There is also an easy to use checklist which can be discussed between practitioners and parents. As a speech and language therapist working with pre-school and school age children with autism, I have found this very useful and have recommended it to a range of colleagues. It is also inexpensive and contains a useful index and bibliography.' – Amazon Review

Anyone meeting a young child with autism for the first time will find this book invaluable. This classic text provides much needed support and advice for anxious parents, teachers and professionals working together in an unfamiliar area.

£19.99

Early Intervention Games: Fun, Joyful Ways to Develop Social and Motor Skills in Children with Autism Spectrum or Sensory Processing Disorders

Barbara Sher

A resource of fun games for parents or teachers to help young children learn social and motor skills

Barbara Sher, an expert occupational therapist and teacher, has written a handy resource filled with games to play with young children who have Autistic Spectrum Disorder (ASD) or other sensory processing disorders (SPD). The games are designed to help children feel comfortable in social situations and teach other basic lessons including beginning and end, spatial relationships, hand-eye coordination, and more. Games can also be used in regular classrooms to encourage inclusion.

A collection of fun, simple games that can improve the lives of children with ASD or other SPDs.

Games can be played by parents or teachers and with individual children or groups.

Games are designed to make children more comfortable in social situations and to develop motor and language skills

Also included are a variety of interactive games to play in water, whether in a backyard kiddie pool, community swimming pool, or lake

All the games are easy-to-do, utilizing common, inexpensive materials, and include several variations and modifications.

£11.99

Self-esteem Games: 300 Fun Activities That Make Children Feel Good About Themselves

Barbara Sher

A delightful way to build children's self-esteem and self-confidence—from ages three to twelve.

The key to children's development—emotionally, socially, and intellectually—is a strong sense of their own self-worth. The 300 games and activities in this fun book will give them just that. Developed by author Barbara Sher over the course of thirty years as a parent, teacher, and play specialist, these joyful activities require no special preparation or equipment. Families can play a game virtually anywhere, with any number of participants.

Combines upbeat, positive advice—including tips for better parenting—with easy directions for positive play.

£11.50

Spirit Games: 300 Fun Activities That Bring Children Comfort and Joy

Barbara Sher

300 quick, Simple Ways to Make Every Day a Happier Day!

Spirit games make children feel brighter and more confident. By tapping into children's natural delight, spirit games restore the sparkle to their eyes. By sharing the upbeat activities in Spirit Games, you can encourage your child's self-esteem and provide a lasting foundation for happiness.

Developed by Barbara Sher over the course of thirty years as a parent, teacher, and play-therapy specialist, this collection of 300 wise and nurturing ideas fosters parent-child interaction and requires no special preparation or equipment. Play these games with your family—or any children you cherish—to increase the level of joy in their lives.

SPECIAL SECTIONS HIGHLIGHT:

- Creating joy every day
- Getting past anger and self-doubt
- Learning compassion and sharing wonder
- Healing sadness and overcoming fear
- Nurturing your own spirit, too!

£9.99

Attention Games: 101 Fun, Easy Games That Help Kids Learn To Focus

Barbara Sher

Attention, please! These sensory-rich activities are sensational! They will encourage kids to relate purposefully to others and participate wholeheartedly in the world around them as they focus intentionally on novel experiences and ideas."— **Carol S. Kranowitz, M.A., author of The Out-of-Sync Child**

"Barbara Sher's book Attention Games is just the sort of fresh contribution we need right now in a culture gone mad with labeling kids as 'ADHD.' Her simple games and activities are wonderful for helping kids of all ages focus their attention while learning new things, thinking in new ways, and exploring the world around them."

—**Thomas Armstrong, Ph.D., author of The Myth of the A.D.D. Child**

If you want to focus children's attention, you first have to capture their interest. **Attention Games** is filled with interesting and child-tested activities that can help children of all ages become better at focusing and paying attention. By sharing the upbeat, joyful activities in *Attention Games*, you can enhance your child's intelligence, boost his confidence, increase his ability to concentrate on one thing for long periods, and show that you care.

Developed by Barbara Sher: parent, teacher, play therapy specialist and pediatric occupational therapist, these activities are specially designed to encourage kids to expand their powers of attention in ways that will help them throughout their lives.

So gather the children in your life and get ready to have fun as you open their minds and hearts to new ways of learning while increasing their powers of focused attention.

£11.99

Smart Play: 101 Fun, Easy Games That Enhance Intelligence

Barbara Sher

101 SIMPLE WAYS TO MAKE EVERY DAY A SPECIAL DAY!

Children who move their bodies as part of the learning process are more stimulated and alert—and they retain more of what they are taught. By sharing the upbeat, joyful activities in *Smart Play*, you can enhance your child's intelligence, boost his or her confidence, teach academic and motor skills, and provide a lasting foundation for learning.

Developed by Barbara Sher over the course of thirty years as a parent, teacher, and play-therapy specialist, this collection of 101 delightful, easy-to-follow games helps children use their bodies to master essential mental skills and concepts. You and your family can play virtually anywhere, with any number of participants, and without special preparation or equipment. So gather the children in your life and get ready to have fun as you open their minds and hearts to new experiences and knowledge.

SPECIAL SECTIONS HIGHLIGHT:

- Encouraging movement and thinking
- Improving motor and social skills
- Enhancing language and math skills
- Fostering parent-child interaction
- Building on children's love of fantasy, action, and rhythm.

£9.99

The One and Only Sam A Story Explaining Idioms for Children with Asperger Syndrome and Other Communication Difficulties

Aileen Stalker

Illustrated by Bob Spencer

One rainy morning after breakfast, Sam's Mother said to his Father, "My goodness, George, it is raining cats and dogs outside." "That's strange," thought Sam. When he looked up into the sky outside, he couldn't see any cats and dogs anywhere, no matter where he looked. All he

could see were giant raindrops and big puddles...

The One and Only Sam is the story of a boy who, like many children, struggles to understand non-literal expressions. This can be a particular problem for children with Asperger Syndrome, who tend to be literal thinkers. Throughout the story, Sam encounters a range of common idioms - such as "curiosity killed the cat," "on top of the world," and "full of beans" - each of which is accompanied by an illustration of its literal meaning and one depicting its actual meaning, helping children to explore what the idioms sound like and why they might mean what they do. The book also suggests simple steps that children can take whenever they encounter new and unfamiliar idioms that are not covered in the book. A glossary, and a list of additional books and websites, provides further resources to help children learn about idioms and their origins.

The One and Only Sam provides a fresh and fun approach to exploring common idioms for all children aged 5 to 8, as well as those with Asperger Syndrome and communication difficulties.

£12.99

Deeno's Dream Journeys in the Big Blue Bubble A Relaxation Programme to Help Children Manage their Emotions

Julia Langensiepen

Illustrated by Gerry Turley

Deeno's Dream Journeys in the Big Blue Bubble is a fun and easy-to-use guide to a special relaxation technique for children. Adapted from the system of Autogenics, the six-week programme uses positive affirmations and guided imagery to help children manage their emotions, let go of anxiety and feel calm and confident.

Each week, the child is given a new set of 'magic words': a relaxation tool they can draw upon whenever they feel stressed or anxious. An illustrated story based around these words, where the child is asked to imagine they are going on an adventure in a big blue bubble with Deeno the Dinosaur, draws the child into a safe and magical world and guides their minds and bodies into a state of deep, calming relaxation. Suggestions for follow-up practice and creative activities based around that week's words accompany each session, and encourage children to tap into their own imaginations. Separate introductions for parents, teachers and other professionals provide advice on how best to use the technique, whether at home, at school, or elsewhere. There is also a children's introduction, which introduces Deeno and explains the technique in accessible terms.

Accessible and engaging, Deeno's Dream Journeys in the Big Blue Bubble is an ideal tool for helping children develop effective relaxation skills in a fun and imaginative way.

'A truly inspiring book that encouraged me to give my children the gift of relaxation. I was amazed by my son's responsiveness to the stories and Deeno, the main character. A wonderful resource to be used by parents and other professionals alike' - **Emma Coore, GP Hereford, Herefordshire, West England**

'As a paediatrician I see many children who need to learn how to relax and this book gives parents, teachers and the children themselves a wonderfully imaginative way of learning this skill' - **Janet Donnelly, Consultant Community Paediatrician in Kendal, Cumbria**

£14.99

Fuzzy Buzzy Groups for Children with Developmental and Sensory Processing Difficulties

A Step-by-Step Resource

Fiona Brownlee and Lindsay Munro
Illustrated by Aisling Nolan

Children with sensory and cognitive difficulties can struggle to interact with their peers, be easily distracted, and have problems coping with change. Fuzzy Buzzy Groups for Children with Developmental and Sensory Processing Difficulties has been devised to address the needs of children with sensory processing difficulties and development delay in specialist and inclusive settings.

This easy-to-follow resource will enable professionals to engage with children in a relaxed and fun way that explores sensory experiences. It contains everything you need to run a Fuzzy Buzzy group: from advice for choosing sensory food and drink and criteria for selecting suitable children, to tips for involving parents in the group and sourcing sensory materials. The authors guide you step-by-step through how to carry out a session, and include photocopiable forms and checklists as well as a sing-along CD containing music to use with the group. This resource will help children not just to explore sensory experiences, but also to learn to share, take turns, listen, interact with their peers and improve their self-esteem.

The eight-session programme is ideally suited to children aged 2-5, although this can be adapted to suit individual needs, and is perfect for early years' practitioners, teachers, teaching assistants, family respite carers and other professionals working with young children.

Practical Behaviour Management Solutions for Children and Teens with Autism The 5P Approach

Linda Miller

Children and young people with autistic spectrum disorders present many challenges to the people who care for them. 'Difficult' or challenging behaviour is often encountered on a daily basis, and it is easy for both parents and professionals to feel completely overwhelmed by its sheer range and complexity. Where do you start? What happens when, in managing one set of problems, another gets worse? Is there some way to tackle difficulties before they get out of hand, or even before they arise?

Practical Behaviour Management Solutions for Children and Teens with Autism answers these questions and provides practical solutions that really work. It offers a complete framework for behaviour intervention which has its roots in prevention and good practice, with an emphasis on promoting and encouraging the development of skills and independence, through Profiling, Prioritizing, Problem analysis, Problem solving and Planning. From identifying behaviour and understanding the root causes, through to planning and implementing a comprehensive intervention programme, this book is packed with practical strategies and expert guidance. While clearly defining the steps you need to take, it also allows for flexibility according to need and individual contexts.

£19.99

What is Friendship? Games and Activities to Help Children to Understand Friendship

Pamela Day

What are friends and why do we need them? How do we talk to our friends and how do we listen to what they have to say? What is peer pressure and how do we deal with it?

Many children identify friendships as being a vital part of achieving emotional well-being, but some children experience difficulties both initiating and maintaining friendships. This fun and accessible programme contains detailed instructions and photocopiable handouts for teaching children about friendship. The book combines group activities, individual work, homework exercises and games, and will be especially useful for groups containing children with developmental and social difficulties, such as ADHD and autism. Developed in an inclusive classroom, this programme will arm children with useful strategies to deal with difficult situations such as negative peer pressure and conflict.

What is Friendship? is ideally suited for use with children aged 7-11, but can be adapted for younger children or older children with developmental difficulties. It includes all the resources required to facilitate the programme and can be delivered by any professional involved in the education or care of children

£17.99

NEW EDITION MAJOR BESTSELLER

Autism and Early Years Practice

Second Edition

Kate Wall

'Kate has a profound interest and understanding and puts this over with inspiration' - **Cathy Mercer, Publications Officer, The National Autistic Society**

Praise for the First Edition

'A remarkable reference resource. It is, without a doubt, the most absorbing and easily absorbed book we have seen, setting out the most comprehensive survey of the history, definitions, needs of carers and sufferers, issues of diagnosis, and much, much more' -

Nurturing Potential

This **New Edition** of the leading book in autism and early years practice continues to provide excellent guidance for all early years students and practitioners on how to work with young children who have autism or who appear on the autistic spectrum.

Kate Wall's wise words will resonate with all, as she sets out clear and realistic suggestions for ways to include young children with autism in mainstream settings, supporting her advice with case studies based on her own experience as a practitioner. Each chapter also looks at key issues and offers suggestions for discussion.

Highlights of the **new edition** include:

- coverage of the latest developments in research
- reference to current early years legislation, including the Early Years Foundation Stage (EYFS)
- new case studies, covering the full 0 to 8 age range
- more suggestions for discussion

- updated key texts for further reading.

Every early years student and early years practitioner needs this book; it is an invaluable guide to best practice on how to work with young children with such particular needs.

£20.99

Autism in the Early Years (Resource Materials for Teachers): A Practical Guide

Val Cumine, Julia Dunlop and Gill Stevenson

`This is one of the most accessible books on autism in young children and is also remarkably informative and useful. The book is divided usefully into sections on autism, assessment, implications for intervention, approaches, developing a curriculum and managing behaviour. There is also an easy to use checklist which can be discussed between practitioners and parents. As a speech and language therapist working with pre-school and school age children with autism, I have found this very useful and have recommended it to a range of colleagues. It is also inexpensive and contains a useful index and bibliography' –

Amazon Review

Asperger Syndrome: A Practical Guide for Teachers

Val Cumine, Julia Dunlop and Gill Stevenson

`Absolutely tremendous tour de force of the main thinking on Asperger and interventions. Completely readable. Objective, neutral and thorough within its page limits. Sections generally finished off with thorough bullet points. Good advice to parents, teachers and the 'community' on adjusting to Asperger children. Straightforward easy to relate to case studies (lots of examples)' – **Amazon Review**

`As a text it transcends all boundaries and should appeal to both parents and young professionals in teaching and mental health. There are many popular books on AS but most appear to market a particular viewpoint (or want suck you into attending expensive seminars). This book on the other hand is more of a 'can do' manual without the frills. Given its compact nature, the authors do a good job in reviewing current thinking. My only crib is that it isn't available in a pocket sized version. Unless you are a mental health professional, it is unlikely you will need to buy another book on AS. A strong statement, but a sincere reaction to this book (having read it about a dozen times).' – **Amazon Review**

£19.99

ASPERGER SYNDROME AND ANXIETY: A Guide to Successful Stress Management

Nick Dubin

"A remarkable and keenly insightful work from a brilliant and emerging leader in the autism self-advocacy community." - William Stillman, author of Autism and the God Connection and Demystifying the Autistic Experience

Many people suffer from feelings of stress and anxiety in their everyday lives. For people with Asperger Syndrome (AS), this stress can be particularly difficult to manage. On a daily basis people with AS must fit into a world that seems totally foreign to them and this can increase feelings of alienation and anxiety, making life's challenges especially hard to cope with. The first book on anxiety written specifically for adults with Asperger Syndrome, this book offers practical advice on how individuals with AS can manage their anxiety more effectively. As a person with AS who has struggled with feelings of anxiety and learnt how to overcome them, Nick Dubin shares his own tried and tested solutions along with up-to-date research on stress management for individuals with AS, including a chapter on Cognitive Behavioural Therapy (CBT). Dubin explores the key problem areas that can lead to anxiety for people with AS such as lack of social skills, difficulties establishing romantic relationships and uncertainty about employment.

Asperger Syndrome and Anxiety provides real solutions to a common problem and is essential reading for anyone with AS who has trouble managing stress. The book will also be of interest to family members, teachers and other professionals working with individuals with AS.

£13.99

Frameworks for Communication

Phil Christie, Elizabeth Newson, Wendy Prevezer, Susie Chandler

One of the major difficulties for children with autism is in developing social empathy in the same way as other children. The earlier this problem is addressed, the more effectively these skills can be improved. This book champions initial intervention with children at an early stage of communication but the many practical ideas and strategies can also be usefully applied to children of school age if they are at an early stage of communication.

"*First Steps in Intervention With Your Child With Autism*" is perfect for parents looking to understand their child better and, in turn, help improve their child's development and communication. This will also be a useful reference for all professionals working to support families with a child on the autism spectrum.

£12.99

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